

Please fill out this form before your first appointment. You may either print and bring your filled form to your appointment or email to ambsiu@gmail.com.

PERSONAL INFORMATION

Therapist Signature _

| Name | | | Phone |
|--|-------|------|--|
| Address | | | DOB |
| Email | | | |
| Emergency Contact | | | Relationship |
| Emergency Contact Phone | | | |
| How did you hear about Le Manaia Massage? | | | |
| MEDICAL INFORMATION | | | MASSAGE INFORMATION |
| Are you taking any medications? | ☐ Yes | ☐ No | Have you had a professional massage before? Yes No |
| If yes, please list names and use: | | | What type of massage are you seeking? |
| Are you currently pregnant? | ☐ Yes | □ No | ☐ Relaxation ☐ Therapeutic/Deep Tissue Other |
| If yes, how far along? | | | What pressure do you prefer? |
| Any high risk factors? | | | Light Medium Deep |
| Do you suffer from chronic pain? | ☐ Yes | ☐ No | |
| If yes, please explain | | | Do you have any allergies or sensitivities? Yes No Please explain |
| What makes it better? | | | Are there any areas (feet, face, etc.) you don't Yes No want massaged? |
| What makes it worse? | | | Please explain |
| Have you had any orthopedic injuries? | ☐ Yes | | What are your goals for this treatment session? |
| If yes, please list: | | _ | Please indicate any areas of discomfort |
| , yes, preude iidi. | | | |
| Please indicate any of the following that apply to you. | | | |
| ☐ Cancer ☐ Fibromyalgia ☐ Headaches/Migraines ☐ Stroke ☐ Arthritis ☐ Heart Attack ☐ Diabetes ☐ Kidney Dysfunction ☐ Joint Replacement(s) ☐ Blood Clots ☐ High/Low Blood Pressure ☐ Numbness ☐ Neuropathy ☐ Sprains or Strains Explain any conditions you marked above: | | | |
| | | | his form to the best of my ability and knowledge and agree to inform my formation changes at any time. Date |

Date _